

Team: \_\_\_\_\_

Date: \_\_\_\_\_

# Countryside Little League

## Sitting Log

Place the Players Jersey Number in the inning column that the player did not play in the field!

INNING --->		1	2	3	4	5	6	7	8	9
NAME	NUMBER									
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										

**REMEMBER NO PLAYER MAY SIT MORE THAN 1 INNING WITHOUT RE-ENTERING THE GAME FOR A FULL INNING**  
 NO PLAYER CAN SIT IN CONSECUTIVE INNINGS OR MORE THAN TWO FOR THE GAME. NO PLAYER MAY SIT THE SECOND TIME UNTIL PLAYERS HAVE SAT ONE INNING! (SEE THE RULES FOR ADDITIONAL DETAILS).

**All Partial Innings are consider a full Inning**

**Field substitutions are not allowed during the inning except for the pitcher and one player the change may effect.**